

Family & Community Health

Sarah Latham - County Extension Agent

- **Swine Validation Update** - Agent attended a virtual meeting covering recent swine validation updates.
- **Swine Validations** - Agent worked with Rains ISD ASTs to complete county swine validations for Spring Major Livestock Shows.
- **Monthly District Extension Administrator (DEA) Meeting** - Agent attended online monthly meeting with DEA.
- **Majors Show Entries** - Agent worked with 4-H families to complete Spring Major Livestock Show entries for Ft. Worth, San Antonio, San Angelo, Houston, & Austin.
- **Rains County LAB/Fair Board Meeting** - Agent hosted a follow up meeting to discuss 2025 Fair and plan for 2026.
- **Estate Planning Program Meeting** - Agent met with Hunt ANR Agent and AgriLife Specialist to plan an Estate Planning Program for the Spring.
- **Rains TEEA** - Piecemakers TEEA club met; 16 attendees
- **District IV 4-H Food Challenge** - Agent co-chairs the annual District IV Food Challenge for 4-H members in District IV held in Sulphur Springs.
- **Rains 4-H and FFA Thanksgiving Stew** - Agent worked with AST to plan and host a Thanksgiving Stew for Rains 4-H and FFA members and families also served as the RCF check distribution event to highlight youth projects and achievements.
- **FCH Engagements** - Agent provided health information, social media posts, and answered FCH questions.
- **ANR Engagements** - Agent worked with local producers to address AG/NR questions and concerns.
- **Office Conference** - Office staff met to discuss upcoming events and additional information.
- **Newspaper Articles** - Agents submitted bi-weekly articles for the Rains County Leader; articles address local and emerging issues.

4-H & Youth Development

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- **Current Membership** - 92 Members and 4 Certified Adult Volunteers have enrolled for the 2025-26 year.
- **Food & Nutrition Project Meeting** - 10 youth and 2 adults were present and participated in the F&N project meeting.
- **District IV Photography Contest** - Rains 4-H had 12 photos entered into the District Contest
- **Annual Poinsettia Fundraiser** - Members worked to sell poinsettias for the Rains 4-H Scholarship fundraiser.

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